



Pool Guard Recruit Academy Paid Training \$15./hr

*Swim Test

- Swim 300 yards continuously
- Swim 20 yards, head-first dive 7-10', retrieve 10-pound brick, swim 20 yards on back, holding brick with both hands, face out of water in 1 min, 40 sec or less.
- Tread water for two minutes (legs only)

Includes 7 hours of paid on-line training completed prior to March 21.

The City of San Diego will pay you to train in our Pool Lifeguard Recruit Academy (PGRA). Graduates will be prepared to promote to a Pool Guard position.

Next Academy: **March 21 through March 30**
To qualify for the Academy, you must:

1. Successfully pass the swim test*
2. Complete a background check, including proof of age (must be 16 years old) and Covid vaccination.
3. Commit to complete on-line training, attend all classes, and interview for a Pool Guard Position if graduating from Academy.

After graduating, you apply for a permanent position and interview.

*Test Location/Dates/Times:

- Vista Terrace Pool-Any Sunday in January, 10:30am-2:30pm. MWF, 3:00pm-8:00pm.
or
- Call/email Kathy Castello at (619)533-4017
KCastello@sandiego.gov



PGRA Class Dates:

March 21, 23, 25, 28, 30

Days: M,W

Time: 8:30am-4:00pm

Vista Terrace Pool

301 Athey Ave, 92173

(619)424-0469